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THINGS TO SAY TO AN EMPLOYEE AFFECTED BY PREGNANCY LOSS

A guide to being a supportive employer, from the Miscarriage Association



1

“I’m so sorry for your loss - what do you need from us?”

Listen to what they need, and be led by them.



2

“Do you know we have pregnancy related leave available?”

Make sure they are aware of their rights and options.



3

“Would you like us to let your colleagues know?”

This can relieve the pressure of telling everyone, but also can protect their privacy.



4

“Would you like us to keep in contact?”

They may wish to have time to themselves, or appreciate check ins from you.



5

“We will ensure your return to work is as flexible as you need it to be”

They may benefit from a phased return, or working from home.